

Certified Family Life Educator

Recommended Courses for HDFS Majors

HDFS students planning to apply for provisional certification as a Family Life Educator after earning their B.S. in HDFS should elect the Family Studies concentration and complete the courses listed below, which cover each of the 10 critical content areas identified by the National Council on Family Relations, the certifying organization. A student must complete *all* the listed courses at UIUC to be eligible for the abbreviated CFLE certification process; students not completing all listed courses must successfully complete a certification exam to qualify for the CFLE credential.

HDFS 105	Intro to Human Development
HDFS 120	Intro to Family Studies
HDFS 220	Families in Global Perspective
HDFS 225	Close Relationships
HDFS 290	Intro to Research Methods
HDFS 340	Gender, Relationships & Society
HDFS 401	Socialization and Development
HDFS 420	Family Diversity in the U.S.
HDFS 425	Critical Family Transitions
HDFS 426	Family Conflict Management
HDFS 427	Family Adaptation & Resilience
HDFS 450	Practicum in HDFS (min. 120 hrs)
HDFS 461	Family Life Education <u>or</u>
HDFS 561	Child and Family Program Dev
ACE 240	Personal Financial Planning
CHLH 206	Human Sexuality

Sample Four-Year Plan for Family Studies concentration

[for students starting the HDFS major in or after Fall 2015]

The four-year plan below shows how to complete required course work to be eligible for the CFLE credential while meeting graduation requirements in the HDFS family studies concentration. (Note that you must complete *all* the listed courses to be eligible for the abbreviated certification process.) Use this plan only as a guide. Consult your academic advisor for suggestions for open electives suited for your career plans, and as you develop, modify and move through your own plan.

Year 1

Fall Semester

	hours
ACES 101 – Contemporary Issues in ACES	2
HDFS 101 – Issues & Careers in HDFS	1
HDFS 105 – Intro to Human Development	3
MATH 124 – Finite Mathematics	3
RHET 105 – Writing for Research, or CMN 101 – Public Speaking, or CMN 111 – Oral & Written Comm I	3-4
PSYC 100 – Intro Psychology	4

Spring Semester	hours
ACE 161 – Microcomputer Applications	3
FSHN 120 – Contemporary Nutrition, or CHLH 100 – Contemporary Health	3
HDFS 120 – Intro to Family Studies	3
RHET 105 – Writing for Research, or CMN 101 – Public Speaking, or CMN 112 – Oral & Written Comm II	3-4
Biological or Physical Science (General Education)	3-4

Year 2

Fall Semester	hours
ANTH 143 – Biology of Human Behavior	3
HDFS 225 – Close Relationships	3
Economics	3-4
Statistics	3-4
Open elective	3

Spring Semester	hours
HDFS 220 – Families in Global Perspective	3
HDFS 290 – Intro to Research Methods	4
SOC 100 – Introduction to Sociology	4
ACE 240 – Personal Financial Planning	3
Humanities (General Education)	3

Year 3

Fall Semester	hours
HDFS 340 – Gender, Relationships & Society	3
HDFS 425 – Critical Family Transitions	4
HDFS 427 – Family Adaptation & Resilience	3
HDFS 461 – Family Life Education	3
Humanities (General Education)	3

Spring Semester	hours
CHLH 206 – Human Sexuality	2
HDFS 420 – Family Diversity in the U.S.	3
SOCW 300 – Diversity: Identities & Issues	3
Open electives	9

Year 4

Fall Semester	hours
HDFS 401 – Socialization and Development	4
HDFS 425 – Critical Family Transitions	4
HDFS 450 – Practicum in HDFS	4-5
Western Cultural Studies (General Education)	3

Spring Semester	hours
HDFS Child & Adolescent Development elective	3
HDFS 426 – Family Conflict Management	3
Open electives	9