Sample Four-Year Plan
HDFS Family Studies Concentration

[for students starting the HDFS major in or after Fall 2015]

The four-year plan below shows one way to complete courses to meet graduation requirements in the HDFS family studies concentration. Many courses, especially those meeting campus General Education requirements, may be taken in a different order than is shown here. Most HDFS courses, however, can be taken only in the semesters (fall or spring) shown. If you're planning a pre-med or other pre-professional programs, or planning a semester's study abroad, you'll need to make significant changes to this plan. And, always, use this plan only as a guide. Consult your academic advisor for suggestions for open electives suited for your career plans, and as you develop, modify and move through your own plan.

Fall Semester

Hours	Year 1
2	ACES 101 – Contemporary Issues in ACES
1	HDFS 101 – Issues & Careers in HDFS
3	HDFS 105 – Intro to Human Development
3-5	MATH 124 – Finite Mathematics, or MATH 220 – Calculus, or MATH 234 – Calculus for Business I
3-4	RHET 105 – Writing for Research, or CMN 101 – Public Speaking, or CMN 111 – Oral & Written Comm I
4	PSYC 100 – Intro Psych

Hours	Year 2
3	ANTH 143 – Biology of Human Behavior
3-4	ECON 102 – Microeconomic Principles, or ECON 103 – Macroeconomic Principles, or ACE 100 – AGR CONS and Resource Econ
3-4	Statistics[1]
6	Open electives

Hours	Year 3
3-4	HDFS Family Studies elective[2]
3	HDFS Diverse Populations elective[3]
3-4	HDFS Applied Development elective[4]
3	Humanities
3	Open elective

Hours	Year 4
4	HDFS 425 – Critical Family Transitions
3	Western Cultural Studies
9	Open electives

Spring Semester

Hours	Year 1
3	ACE 161 – Microcomputer Applications
3	FSHN 120 – Contemporary Nutrition, or CHLH 100 – Contemporary Health
3	HDFS 120 – Intro to Family Studies
3-4	RHET 105 – Writing for Research, or CMN 101 – Public Speaking, or CMN 112 – Oral & Written Comm II
3-4	Biological or Physical Science

Hours	Year 2
3	HDFS 220 – Families in Global Perspective
4	HDFS 290 – Intro to Research Methods
4	SOC 100 – Introduction to Sociology
3	ACE 240 – Personal Financial Planning
3	Humanities

Hours	Year 3
3	HDFS Family Studies elective[2]
3	HDFS Child and Adolescent Development elective[5]
9	Open electives

Hours	Year 4
3	HDFS Family Studies elective
12	Open electives

[1] Choose ACE 161 – Applied Statistical Methods. CPSC 241 – Intro to Applied Statistics, ECON 202 – Economic Statistics I, PSYC 235 – Intro to Statistics, SOC 280 – Intro to Social Statistics, or STAT 100 – Statistics.

[2] Complete three courses from HDFS 225 – Close Relationships, HDFS 420 – Family Diversity in the U.S., HDFS 426 – Family

Conflict Management, or HDFS 427 – Family Adaptation & Resilience.

[3] Choose HDFS 208 – Child Fam with Special Needs, HDFS 340 – Gender, Relationships & Society, HDFS 341 – Asian American Youth, HDFS 379 – HDFS Study Abroad Experience, HDFS 422 – US Latina and Latino Families, or HDFS 444 – LGBT Indiv, Fam & Community.

[4] Choose HDFS 206 – Early Childhood Curriculum Dev, HDFS 294 – Research Internship, HDFS 406 – Child Dev Class Supervision, HDFS 450 – Practicum in HDFS, or HDFS 494 – Applied Research Methods.

[5] Choose HDFS 301 – Infancy and Early Childhood, HDFS 305 – Middle Childhood, HDFS 310 – Adult Development, HDFS 401 – Socialization and Development, or HDFS 405 – Adolescent Development.