

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

College of Agricultural, Consumer & Environmental Sciences

Human Development & Family Studies

Adoption, Child Welfare, and Social Service Assistants

Recommended Courses

HDFS 108	Grief and Loss Across the Lifespan
HDFS 208	Child and Family Inclusion
HDFS 301	Infancy and Early Childhood
HDFS 305	Middle Childhood
HDFS 350	Early Childhood Curriculum Dev
HDFS 405	Adolescent Development
HDFS 420	Inequality, Public Policy, U.S. Families
HDFS 425	Family Stress and Change
HDFS 426	Family Conflict Management
PSYC 238	Psychopathology and Problems in Living
SOCW 410	Social Welfare Pol and Svcs
SOCW 416	Child Welfare Issues & Trends

The four-year plan below shows how to prepare for work as an Adoption, Child Welfare, and Social Service Assistant while meeting graduation requirements for the HDFS major. Use this plan only as a guide. Consult your academic advisor for suggestions to study abroad, meet James Scholar requirements, add a minor, or choose electives.

Sample 4-Year Plan

(For students starting the HDFS major in or after Fall 2025)

FIRST YEAR

Fall Semester			Spring Semester		
HDFS 101	Opportunities, Careers in HDFS	1	HDFS 208	Child and Family Inclusion	3
HDFS 105	Intro to Human Development	3	PSYC 100	Intro Psych	4
SOC 100	Intro to Sociology	4	CMN 101	Public Speaking	3
HDFS 120	Intro to Family Studies	3	HK 110	Contemporary Health	3
RHET 105	Writing and Research	4	STAT 100	Statistics	3
Total Hours 15			Total Hours 16		

SECOND YEAR

Fall Semester			Spring Semester		
HDFS 220	Families in Global Perspective	3	HDFS 350	Early Childhood Curriculum Dev	4
Gen Ed	Natural Science	3	HDFS 290	Intro to Research Methods	4
Gen Ed	Cultural Studies/U.S. Minority	3	HDFS 108	Grief and Loss Across the Lifespan	3
PSYC 238	Psychopathology and Prob.	3	Gen Ed	Humanities	3
SPED 117	The Culture of Disability	3		Elective	1
Total Hours 15			Total Hours 15		

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN
 College of Agricultural, Consumer & Environmental Sciences
 Human Development & Family Studies

THIRD YEAR

Fall Semester

HDFS 301	Infancy and Early Childhood	4
HDFS 425	Family Stress and Change	4
Gen Ed	Cultural Studies/Western	3
ACE 240	Personal Financial Planning	3
Gen Ed	Natural Science	3
Total Hours		17

Spring Semester

HDFS 305	Middle Childhood	3
HDFS 405	Adolescent Development	3
HDFS 426	Family Conflict Management	3
Gen Ed	Quantitative Reasoning	3
Elective	300+ Level	3
Total Hours		15

FOURTH YEAR

Fall Semester

SOCW 410	Social Welfare Policy and Issues	2
HDFS 420	Inequality, Public Policy, US Family	3
Elective	300+ Level	3
Elective	300+ Level	3
Elective	Any Level	3
Elective	Any Level	3
Total Hours		17

Spring Semester

SOCW 416	Child Welfare Issues and Trends	3
Elective	300+ Level	3
Elective	Any Level	3
Elective	Any Level	3
Elective	Any Level	3
Total Hours		15