

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

College of Agricultural, Consumer & Environmental Sciences

Human Development & Family Studies

Career Counseling

Recommended Courses

PSYC 238	Psychopathology and Problem of Living
PSYC 250	Psych of Personality
EPSY 201	Educational Psychology
EPSY 220	Career Development
SPED 117	The Culture of Disability

The four-year plan below shows how to prepare for a career counseling graduate program while meeting graduation requirements for the HDFS major. Use this plan only as a guide. Consult your academic advisor for suggestions to study abroad, meet James Scholar requirements, add a minor, or choose electives.

Sample 4-Year Plan

(For students starting the HDFS major in or after Fall 2024)

FIRST YEAR

Fall Semester

HDFS 101	Opportunities, Careers in HDFS	1
HDFS 105	Intro to Human Development	3
HK 110	Contemporary Health	3
HDFS 120	Intro to Family Studies	3
RHET 105	Writing and Research	4

Total Hours 14

Spring Semester

HDFS 208	Child and Family Inclusion	3
PSYC 100	Intro Psych	4
CMN 101	Public Speaking	3
HDFS 225	Close Relationships	3
STAT 100	Statistics	3

Total Hours 16

SECOND YEAR

Fall Semester

HDFS 220	Families in Global Perspective	3
EPSY 201	Educational Psychology	3
Gen Ed	Cultural Studies/U.S. Minority	3
Gen Ed	Natural Science	3
SPED 117	The Culture of Disability	3

Total Hours 15

Spring Semester

PSYC 238	Psychopathology and Prob of Living	3
HDFS 290	Intro to Research Methods	4
SOC 100	Intro to Sociology	4
Gen Ed	Humanities	3
EPSY 220	Career Development	3

Total Hours 17

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THIRD YEAR

Fall Semester

HDFS 310	Adult Development	3
HDFS 425	Family Stress and Change	4
Gen Ed	Cultural Studies/Western	3
HDFS 450	Practicum in HDFS	4
Elective	Elective	3
Total Hours		17

Spring Semester

HDFS 426	Family Conflict Management	3
HDFS 405	Adolescent Development	3
HDFS 445	Substance Use and Family Health	3
Gen Ed	Natural Science	3
Elective	300+ Level	3
Total Hours		15

FOURTH YEAR

Fall Semester

PSCY 250	Psych of Personality	3
HDFS 420	Inequality, Public Policy, US Family	3
HDFS 330	Statistical Reasoning for Everyday	3
Elective	300+ Level	3
Elective	Any Level	3
Elective	Any Level	3
Total Hours		18

Spring Semester

Elective	300+ Level	3
Elective	300+ Level	3
Elective	300+ Level	3
Elective	Any Level	3
Elective	Any Level	3
Total Hours		15