

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN
College of Agricultural, Consumer & Environmental Sciences
Human Development & Family Studies

Clinical Psychology

Recommended Courses

PSYC 201	Intro to Social Psych
PSYC 238	Psychopathology and Problem of Living
PSYC 239	Community Psych
PSYC 250	Psych of Personality
HDFS 294	Research Internship
HDFS 330	Statistical Reasoning for Everyday Life
HDFS 425	Family Stress and Change
HDFS 426	Family Conflict Management
HDFS 445	Substance Use and Family Health

The four-year plan below shows how to prepare for a clinical psychology graduate program while meeting graduation requirements for the HDFS major. Use this plan only as a guide. Consult your academic advisor for suggestions to study abroad, meet James Scholar requirements, add a minor, or choose electives.

Sample 4-Year Plan

(For students starting the HDFS major in or after Fall 2025)

FIRST YEAR

Fall Semester

HDFS 101	Opportunities, Careers in HDFS	1
HDFS 105	Intro to Human Development	3
HDFS 108	Grief and Loss Across the Lifespan	3
HDFS 120	Intro to Family Studies	3
RHET 105	Writing and Research	4

Total Hours 14

Spring Semester

HDFS 208	Child and Family Inclusion	3
PSYC 100	Intro Psych	4
CMN 101	Public Speaking	3
HK 110	Contemporary Health	3
STAT 100	Statistics	3

Total Hours 16

SECOND YEAR

Fall Semester

HDFS 220	Families in Global Perspective	3
PSYC 201	Intro to Social Psych	3
Gen Ed	Cultural Studies/U.S. Minority	3
Gen Ed	Natural Science	3
SPED 117	The Culture of Disability	3

Total Hours 15

Spring Semester

PSYC 238	Psychopathology and Prob of Living	3
HDFS 290	Intro to Research Methods	4
SOC 100	Intro to Sociology	4
Gen Ed	Humanities	3
PSYC 239	Community Psych	3

Total Hours 17

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THIRD YEAR

Fall Semester

HDFS 301	Infancy and Early Childhood	4
HDFS 425	Family Stress and Change	4
Gen Ed	Cultural Studies/Western	3
ACE 240	Personal Financial Planning	3
HDFS 294	Research Internship	2
Total Hours		16

Spring Semester

HDFS 426	Family Conflict Management	3
HDFS 405	Adolescent Development	3
HDFS 445	Substance Use and Family Health	3
HDFS 294	Research Internship	2
Gen Ed	Natural Science	3
Elective	300+ Level	3
Total Hours		17

FOURTH YEAR

Fall Semester

PSCY 250	Psych of Personality	3
HDFS 420	Inequality, Public Policy, US Family	3
HDFS 330	Statistical Reasoning for Everyday	3
HDFS 294	Research Internship	2
Elective	300+ Level	3
Elective	Any Level	3
Total Hours		17

Spring Semester

Elective	300+ Level	3
Elective	300+ Level	3
Elective	300+ Level	3
Elective	300+ Level	3
Elective	Any Level	3
Total Hours		15