

Clinical Psychology

Recommended Courses for HDFS Majors

HDFS students planning to apply to a clinical psychology program after earning their B.S. in HDFS may elect either the Child and Adolescent Development concentration or the Family Studies concentration, depending on their interests. They should also study the entry requirements of a range of graduate counseling programs and complete elective courses that will meet those requirements and enhance their professional skills. The following courses can help you prepare for a professional program in clinical psychology:

PSYC 201	Social Psychology
PSYC 238	Psychopathology and Problems of Living
PSYC 239	Community Psychology
PSYC 250	Psychology of Personality

Sample Four-Year Plan for Child & Adolescent Development Concentration

[for students starting the HDFS major in or after Fall 2018]

The four-year plan below shows how to prepare for entering a graduate program in clinical psychology while meeting graduation requirements in the HDFS child and adolescent development concentration. Use this plan only as a guide. Consult your academic advisor for suggestions for open electives suited for your career plans, and as you develop, modify and move through your own plan.

Year 1

Fall Semester	hours
ACES 101 – Contemporary Issues in ACES	2
HDFS 101 – Issues & Careers in HDFS	1
HDFS 105 – Intro to Human Development	3
STAT 100 – Intro to Statistics	3
RHET 105 – Writing for Research, or CMN 101 – Public Speaking, or CMN 111 – Oral & Written Comm I	3-4
PSYC 100 – Intro Psych	4

Spring Semester	hours
ACE 161 – Microcomputer Applications	3
FSHN 120 – Contemporary Nutrition, or CHLH 100 – Contemporary Health	3
HDFS 120 – Intro to Family Studies	3
RHET 105 – Writing for Research, or CMN 101 – Public Speaking, or CMN 112 – Oral & Written Comm II	3-4
Natural Science (General Education)	3

Year 2

Fall Semester	hours
Natural Science (General Education)	3
Economics	3-4
Quantitative Reasoning Gen Ed	3
PSYC 201 – Social Psychology	3
Humanities (General Education)	3

Spring Semester	hours
HDFS 220 – Families in Global Perspective	3
HDFS 290 – Intro to Research Methods	4
SOC 100 – Introduction to Sociology	4
ACE 240 – Personal Financial Planning	3
PSYC 238 – Psychopathology and Problems of Living	3

Year 3

Fall Semester	hours
HDFS Child & Adolescent Development elective	3-4
HDFS Diversity course	
HDFS Applied course	3
Humanities/US minority course (General Education)	3-4
	3
Spring Semester	hours
HDFS Child & Adolescent Development elective	3
PSYC 239 – Community Psychology	3
PSYC 250 – Psychology of Personality	3
Open electives	6

Year 4

Fall Semester	hours
HDFS 401 – Socialization and Development	4
Western Cultural Studies (General Education)	3
HDFS 425 – Family Stress and Change	4
Open electives	6
Spring Semester	hours
HDFS Child & Adolescent Development elective	3
HDFS 426 – Family Conflict Management	3
Open electives	9

Sample Four-Year Plan for Family Studies Concentration

[for students starting the HDFS major in or after Fall 2018]

The four-year plan below shows how to prepare for entering a graduate program in clinical psychology while meeting graduation requirements in the HDFS family studies concentration. Use this plan only as a guide. Consult your academic advisor for suggestions for open electives suited for your career plans, and as you develop, modify and move through your own plan.

Year 1

Fall Semester	hours
ACES 101 – Contemporary Issues in ACES	2
HDFS 101 – Issues & Careers in HDFS	1
HDFS 105 – Intro to Human Development	3
STAT 100 – Intro to Statistics	3
RHET 105 – Writing for Research, or CMN 101 – Public Speaking, or CMN 111 – Oral & Written Comm I	3-4
PSYC 100 – Intro Psych	4

Spring Semester	hours
ACE 161 – Microcomputer Applications	3
FSHN 120 – Contemporary Nutrition, or CHLH 100 – Contemporary Health	3
HDFS 120 – Intro to Family Studies	3
RHET 105 – Writing for Research, or CMN 101 – Public Speaking, or CMN 112 – Oral & Written Comm II	3-4
Natural Science (General Education)	3

Year 2

Fall Semester	hours
Natural Science (General Education)	3
Economics	3-4
Quantitative Reasoning Gen Ed	3
PSYC 201 – Social Psychology	3
Humanities (General Education)	3

Spring Semester	hours
HDFS 220 – Families in Global Perspective	3
HDFS 290 – Intro to Research Methods	4
SOC 100 – Introduction to Sociology	4
ACE 240 – Personal Financial Planning	3
PSYC 238 – Psychopathology and Problems of Living	3

Year 3

Fall Semester	hours
HDFS Family elective	3-4
HDFS Diversity course	
HDFS Applied course	3
Humanities/US minority course (General Education)	3-4

Spring Semester	hours
HDFS Family elective	3
PSYC 239 – Community Psychology	3
PSYC 250 – Psychology of Personality	3
Open electives	6

Year 4

Fall Semester	hours
Western Cultural Studies (General Education)	3
HDFS 425 – Family Stress and Change	4
Open electives	9

Spring Semester**hours**

HDFS Child & Adolescent Development elective

3

HDFS 426 – Family Conflict Management

3

Open electives

9